



# Beaumont-Wilshire

Beaumont-Wilshire Neighborhood Association (BWNA) [www.bwna.us](http://www.bwna.us)

July- August 2014

## Annual Night Out Picnic, Movie, Fremont Fest and More!

by John Sandie

**M**ARK YOUR CALENDARS NOW for Tuesday, August 5th for the annual Beaumont Wilshire Neighborhood Association's National Night Out. As always, this picnic will replace the BWNA General meeting for the month of August. The grills will be heated up and ready to go at 6:30 pm in Wilshire Park picnic areas A&B located southwest of the pavilion.

This event is a great way to enjoy tasty grilled burgers (incl. vegan choices) and dogs with all the trimmings & condiments as supplied by BWNA. While local businesses help us by contributing drinks and a few other goodies, each participating individual, couple or family is asked to bring a dish to add to the community food tables—snacks, sides, salads and desserts are all welcomed to the feast. Typically approximately 250 folks show up, so getting everyone to contribute a dish is really needed to sate all the appetites!

The BWNA Board is working on providing music and entertainment, as well as kids' activities—and don't forget the free raffle! And once again, local businesses will contribute great gifts and certificates that only add to the evening's festive mood.

We should remember this is a national event to celebrate the efforts of police and firefighters to provide us with secure neighborhoods, as well as to recognize that active and connected neighbors are a key and primary deterrent to criminal activities. As their schedules allow, we try to get canine officers and fire equipment to visit and add to the enjoyment of the evening.

It will be a great night out for all, don't miss it!



2013 Picnic!

## 1st Saturday in August: Beaumont Business Association's Fremont Fest

by Katie Wilgus

THE BIGGEST COMMUNITY PARTY of the year takes place on Fremont Street from 10 am to 6 pm on Saturday, August 2nd, featuring something for everyone and attracting thousands to our neighborhood. Admission is free. Fremont Street will be closed to traffic all day between NE 42nd and 50th, creating a safe, fun-filled pedestrian mall with four stages for live music, street vendors, food, a pub crawl, entertainment, and attractions for children and adults.

The gala street fair opens with the lively Kid's Bike & Pet Parade at 10 am led by a marching band, vintage cars, and a Portland fire truck with siren and lights. Children should gather for the parade at the parking lot of Beaumont Middle School, N.E. 42nd & Fremont, starting at 9:30 am.

"This year we have put a huge effort into recruiting excellent street vendors, with an emphasis on locally made products," said Nicole Whitesell, President of the Beaumont Business Association, which organizes and implements the event. "As always, we will have a great lineup of children's activities."

Fremont Fest is one of three major events held each year by the Beaumont Business Association (BBA). Contact: Nicole Whitesell, BBA President, [info@businessonfremont.com](mailto:info@businessonfremont.com). For Fremont Fest information, schedule & map: [www.businessonfremont.com](http://www.businessonfremont.com).



## President's Message

by John Sandie

# The How and Why of Friendships

**T**HE OTHER EVENING my wife and I were at our next door neighbor's enjoying food and conversation with their friends and family members. At one point in the evening, picking up on conversations, I realized most of the people were classmates of the husband's from elementary and high school. From a previous gathering at this neighbor's house I knew that many of his wife's closest friends were from her college years. This got me thinking about my closest friends and how and when did these bonds first form. When thinking about this, I'm sure each of us has varied and unique stories about the beginnings of our closest friendships.

While I have a few high school friends that I look forward to seeing at our reunions (45th is this summer, really?), none of them became a truly close friend. I recently read in a magazine a term "4 AM friend" which indicates a close friend – one you can call at 4:00 AM and they'll get out of bed and come right over. I know many people form life lasting friendships in college, but I didn't; probably because I went to a local college, lived at home and didn't experience the brotherhood of dorm life. Many of my 6-7 truly close friendships were formed when we were first starting out in Michigan raising a family in our mid-twenties—a combination of work associates, neighbors and those brought about by the wives' card group associations. The most recent members came about after we moved to Indiana, 25 years ago, close neighbors and off shoots of the Welcome Wagon dinner club. Since all these friends are now quite a distance away I guess I have to use the term "red eye" friends. If any

called, I'd be there within a day—no questions asked—and feel confident they'd react the same way. To be sure, over the years, distance and time have caused a few close friendships to weaken, but gave opportunities for new ones to emerge. Just think about the hundreds or thousands of greetings (let alone missed opportunities) occurring over a lifetime; why did only a few stick and develop into that special relationship that adds so much to our lives? Some count only 1 or 2 as close friends, while others may list over a dozen; personality and a capacity I'll identify as "social energy" surely come into play.

So at what moment did these bonds first begin? Maybe that first walk across the street to say hi or making the effort to introduce yourself at a gathering and show true interest in what the other was saying. Regardless, I thank my lucky stars that I made or returned the effort when my friends and my fates crossed paths. So many variables go into a deep, long lasting friendship: similar interests, hobbies, religion, politics, sharing key memories, trust. But none of that can begin or discovered without an initial "hello."

So where am I going with all this? Maybe some of us will be so lucky that another "truly close friend" is just waiting to be discovered within the confines of the Beaumont-Wilshire neighborhood. And perhaps he or she is only a smile and a "good morning" away. I'm sure most would agree, a few more friendly acquaintances are always welcome.

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## Editor's Notes

by Al Ellis



IT'S A NEW DAY DAWNING for BWNA. Not only do we have a new president, but of the 14 members currently serving on the Board of Directors, all but three were initially elected this year or last. The newsletter staff is following suit. Reporter Mark Mohammadpour came aboard earlier this year, President John Sandie has assumed additional reporting and writing as well as distribution duties. And most significantly, graphic designer Deb Schwing has passed the torch to Amy Gwilliam for layout. Deb's departure and Amy's arrival represent a major transition for the B-W newsletter and are deserving of special note.

But first some background on the role of a newsletter graphic designer. Here's the way it works: articles and ads are submitted to me for editing, then forwarded to the graphic designer for placement in the newsletter. Suffice it to say, there's a lot more to the layout than just cutting and pasting. In actuality, it's a painstakingly creative task, with myriad details to navigate. Once completed, the preliminary draft is sent back to reporters and copy editor for further polishing, then back to the graphic designer for final revisions and to press.

Over the past five years, Deb Schwing has approached her work on the newsletter as a labor of love for the neighborhood. The abundance of compliments we've received from residents over those years about the look and feel of the Newsletter are a tribute to Deb's prowess and dedication. Moreover, she's been a terrific person to work with—dependable, affable, cool under fire, etc. It was a shock to see her go, but to quote the biblical passage and folk song lyric, "Turn, turn, turn..."

Finding a willing and competent replacement for Deb seemed like mission impossible. But out of the blue stepped Amy Gwilliam to save the day! Call it fate, call it luck, Amy was exactly what the newsletter doctor ordered—a designer who has tons of experience working on newsletters for nonprofits. When asked by Board member Barb Strunk if she would be interested in serving the BWNA neighborhood in this capacity, Amy's answer without hesitation was, "Sure!"

Deb and the rest of the staff have collaborated closely with Amy on the layout for this issue, and we hope you enjoy it. Nice debut, Amy!

## BWNA Calendar

**Saturday, July 12th • 6:30-10:30PM**

Movie in the Park: "Cars 2"  
Wilshire Park Athletic Field lawn (west end)

**Monday, July 14th • 7:00PM**

BWNA Board Meeting  
Bethany Lutheran Church library meeting room

**Sunday, July 27th • 1:00-4:00PM**

Grant High School 5th Annual All-Alumni Picnic  
Wilshire Park, NE 33rd and Skidmore Sts.  
Bring your lunch and family; dessert will be provided.  
Questions? grantalumni@aol.com  
Bob Stayton 503-799-0785

**Saturday, August 2nd • 10:00AM-6:00PM**

Fremont Fest  
Fremont Street, 42nd Ave. to 50th Ave.

**Tuesday, August 5th • 6:30-8:15PM**

National Night Out Picnic  
Wilshire Park  
picnic area just west of pavilion, bring a dish to share

**Saturday, August 16th • 8:00AM-NOON**

Soul Stroll Health Walk  
Wilshire Park  
(sponsored by the African American Health Coalition)

**Saturday, August 23rd • NOON-6:00PM**

42nd Ave. Street Fair  
N.E. 42nd Ave. and Alberta Ct.

**Monday, September 8th • 7:00PM**

BWNA Board Meeting  
Bethany Lutheran Church, Library Meeting Room

**Tuesday, October 7th 10:00AM-2:00PM**

Harvest Festival  
42nd Ave., Old Salt Marketplace

**Tuesday, October 14th • 7:00PM**

BWNA General Meeting  
Bethany Lutheran Church, Fellowship Hall  
NE Skidmore Entrance

BWNA's calendar is on the web!  
Go to [www.bwna.us](http://www.bwna.us) and select BWNA Calendar

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# New Wheels are Turning on NE 42nd Avenue!

by Myo DeMayo

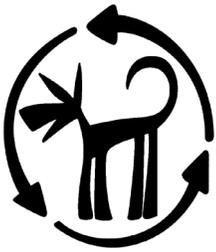
THE AVENUE IS “OWNING IT” with the opening of **Category 6**, 42nd Avenue’s newest business, and its first and only bike shop. The wheels of community are turning and the 42nd Avenue Business Association (42ABA) is holding the handlebars. Movement started when the 42ABA joined forces with Our 42nd Ave. Neighborhood Prosperity Initiative (NPI) and Cully Community Market to bring the farmers market into the district. Cully Farmers Market is the result of neighbors, business owners and community organizations finding a relevant way to both serve their community and grow its economic stability.

The **Cully Farmers Market**, open every Thursday through **September** from 4 to 7 pm outside Rocket Pizza, Roses, and Old Salt Marketplace, is only one of the 42ABA’s key events this year. Its annual Street Fair is another way to check out



this neighborhood’s emerging business district. Come join us for the **5th annual 42nd Ave. Street Fair on Saturday, August 23**, from noon until 6 pm. Good neighbors + good food + good music = good fun. Bring your kids because piñatas and kiddie pools will be all the rage. In order to achieve “beast mode,” there will be a beer garden for the adults.

Our **5th annual Harvest Festival on Saturday, October 4th**, from 10 am to 2 pm is the last grand celebration of the 2014 season and will be “way rad.” It highlights the cultural as well as the agricultural bounty of our urban region. Last year’s festival saw 400 to 500 neighbors gather to enjoy the harvest. So wheel on over and check out what’s new on 42nd Avenue.



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# Board Member Profile: Kathy Campbell

by Mark Mohammadpour

Kathy and her husband, David Campbell, have been a part of the neighborhood since they bought their house on NE Alameda in October 2012. They wanted to be a part of a neighborhood where they would get to know their neighbors and get to spend time with them in the Beaumont/Wilshire neighborhood.

Kathy's first attraction to the BWNA Association was the newsletter left at their house before moving in. After attending a board meeting, reading the bylaws and meeting with Al Ellis, she felt a lot of great energy. She hopes to be a part of keeping our neighborhood safe and clean for walking around.

Kathy is the Dean of Financial Aid at Chemeketa Community College in Salem and is eager to find other ways to spend her time once she retires in a few years. She thinks board service is a great idea!

Kathy wants to help with fundraising so we can identify our neighborhood with signage, as well as make some improvements in Wilshire Park.

Kathy and David, a retired community college counselor, also have a new dog. Shadow is their 7-year old yellow lab that they rescued about a month ago from a no-kill shelter.

Their daughter Christy, and two grandsons Porter (age 13) and Miles (age 9) live just blocks away. Their son Roy and daughter-in-law Rebekah live in San Francisco and just got married about three weeks ago.

Thank you, Kathy, for your service!



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# Unique Spanish Language Program for Youngsters

by Lisa Hirsch and Jessica Swartz Amezcua

“Yo quiero la pelota azul!” “Yo quiero una flor rosa, por favor!” “Me gusta mucho el helado!” These are the kinds of phrases that you might hear in the hallway when passing a Spanish Language in Play (SLiP) class offered by Portland Early Learning Project (PELP). These one-of-a-kind classes are filled with enthusiastic students who participate in interactive, dynamic programs chock full of movement, songs, and games in a supportive, Spanish-speaking environment. The theme-based SLiP curriculum developed by Kara De Giovanni is taught in a progressive fashion of scaffolding information, or building knowledge upon an ever-strengthening foundation. Students feel supported in their learning and can feel confident in asking questions. What’s more, these lessons are tailored to cater toward a variety of levels, leaving no child left behind!

PELP offers an array of programs throughout Portland, including free Spanish Story & Play Times; Spanish summer camps (4-9 yrs), family Spanish classes (18 mo-5 yrs), Spanish classes for preschool, K-3rd, and 3rd-5th, and Baby Sign Language classes. The camps are held at Bethany Lutheran Church, while many of the classes are taught in neighboring schools. All of PELP’s programs are taught by an elite team of bright, talented, and engaging teachers who have all undergone a vigorous screening and training process to ensure the best experience for all students.

PELP’s overall mission is to empower children, families, and educators to use language—in all forms—to develop relationships that enrich their personal lives and inspire positive change in the world. SLiP is a fantastic program that fosters wonder and intrigue in students about learning not only a beautiful and helpful language, but also opens their eyes to the wonder of different cultures. For more information, check out their website: [portlandearlylearning.com](http://portlandearlylearning.com).



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# BWNA and ANA Co-Sponsoring Summer Movie in Wilshire Park

by Al Ellis

**W**ILSHIRE PARK is dear to a lot of people and groups for different reasons—beautiful trees, a dog run, playgrounds, a jogging path, athletic field, picnic areas, etc. Add to that: “open-air movie theater”. For the past couple of years, BWNA and Alameda Neighborhood Association (ANA) have co-sponsored a “Movie in the Park” event in collaboration with Portland Parks and Recreation. However there’s more to it than just the showing of a movie. “Danny Black” and “Portland Teen Idols” will provide theatrical and musical entertainment prior to the movie, food vendors will be on site, and all-you-can-eat popcorn will be free of charge!

This year’s event will take place on Saturday, July 12th on the athletic field lawn at the west end of the park, with a starting time of 6:30 pm. “Cars 2” is the feature movie and will begin showing a little after dusk. Mark it on your calendar now and come join in on the fun!



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# Fire and Stone Restaurant Under Construction

by Jeff Smalley

A group of ex-bakers from the neighborhood plans to open a wood-fired, family restaurant in the old Wilshire Market space upon completion of the required renovation. The construction schedule has yet to be completed, and the final concept includes wood-fired pizza and other treats but is still evolving. The space will have approximately 50 indoor seats and opportunities for sidewalk café seating on the south and west sides of the building. With the goal of accommodating big groups, families, and intimate dinners for 2, the large dining room will be essential.

Because of the location in the neighborhood and on the commuter route of Fremont Street, the owners plan to offer food from morning through dinner. While the morning fare will revolve around quick, hand-held sweet and savory treats, lunch and dinner will utilize the wood-fired oven for made-to-order meals and table service. And given the decades of bread experience in the group, the bakery behind the kitchen will supplement the menu with fermented artisanal breads, rolls, and pastries.

The beverage program will be extensive. Carbonated water will be plentiful and accompany interesting house-made syrups for kids and adults. There will be 6 rotating beer taps, 2 wine taps, many additional bottled beers and wines, and a simple, classic cocktail/spirits list.

A unique take-out program will be another feature of the restaurant. With its own entrance and pre-determined pickup times, the hope is to offer a level of quality, convenience, and value that busy families in the neighborhood will appreciate. The plan also includes a beer cooler, wine rack and bread rack to accompany food ordered for take out.

Residing in the community themselves and dedicated to being good neighbors, the owners' highest priority is to create a clean, comfortable space that the neighborhood can be proud of. Managing member of the group Jeff Smalley is a Cully resident. With 23 years of bread baking experience and a contractor's license, he should be able to answer most questions concerning this project. Jeff can be reached at 503-282-2023.

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# Summer Recipe: Pacific Northwest Spinach Salad with Apples and Cherries

from Kathy Campbell's kitchen

## Salad:

- 1 12-ounce bag spinach (washed)
- 1 fuji or gala apple peeled, cored, and chopped
- 1/2 cup canned cherries halved and drained
- 1/4 cup chopped slivered almonds

## Dressing:

- 3 tablespoons of sugar
- 1/2 teaspoon poppy seeds
- 1 tablespoon sesame seeds
- 1/8 teaspoon paprika
- 2 tablespoons apple cider vinegar
- 2 tablespoons white wine
- 1/4 cup light olive oil
- 1 tablespoon dijon mustard

## Preparation:

1. Combine spinach, apple, cherries, and almonds in a large salad bowl.
2. Combine dressing ingredients in a small bowl and stir until sugar is dissolved.
3. Pour dressing over salad mixture, toss, and serve.



## BWNA RECIPE BOX

Welcome to a new, and hopefully permanent, addition to the BWNA newsletter: our neighborhood recipe box. We'd like to invite neighbors to submit their favorite recipes— they don't need to be original or fancy— just something you enjoy making and people enjoy eating. If you have a good story or picture to go along with the recipe, send those too! Submit your recipe to: Al Ellis, editor@bwna.us



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# BWNA Approves Action Plan in Response to Residents' Infill-Demolition Concerns

by Al Ellis

With an estimated 389 demolitions of single-family homes across Portland neighborhoods in 2013, resulting most often in construction of much larger and more expensive new houses that tower in height above existing dwellings, predictions now circulate that 2014 demolitions could increase to “demo-per-work-day” levels. Understandably concerned about what many are characterizing as an “epidemic,” despondent residents are looking to neighborhood associations for leadership, and BWNA has stepped up to the plate. At the June 9th general meeting, an overwhelming majority of attendees, including Board members, approved an “Infill-Demolition Resolution” criticizing the city’s inadequate building code regulations and outlining an action plan for reform. Subsequently, the BWNA subcommittee that crafted the resolution convened another meeting to work out details for presentation to the Board and then to representatives from neighborhood associations around the city. Guided by the adage that there is strength in numbers, the ultimate goal is to collectively draft a building code revision proposal for consideration by the Mayor and City Council that has strong support from a wide range of neighborhoods.

Here is the text of the resolution passed at the June 9th general meeting:

## BWNA Infill-Demolition Resolution

*Whereas, the preservation of a neighborhood's historical heritage and architectural character are of prime concern to residents; and*

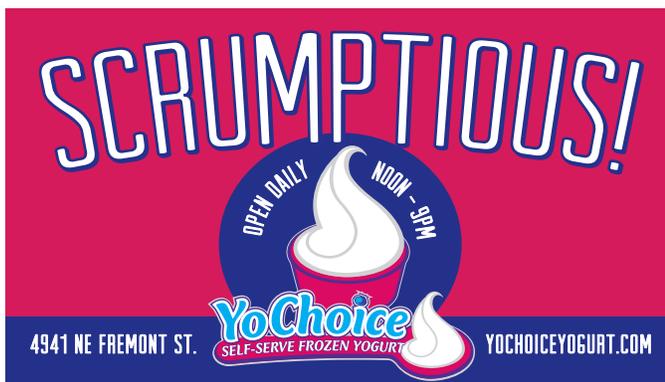
*Whereas, access to affordable housing is a citywide objective; and*

*Whereas, city building code regulations as currently stated do not address the preservation of architectural character or protection of existing affordable homes;*

*Now, therefore, be it resolved that the Beaumont-Wilshire Neighborhood Association supports the following action plan:*

1. *revision of the building code to incorporate a Floor Area Ratio (FAR) concept that would limit the size of a new house relative to the lot it occupies, with special attention to the height of the new house relative to the one that was remodeled or demolished, as well as to the average size of adjacent houses.*

2. *revision of building code to incorporate the requirement that local residents be notified early on of proposed demolitions as well as a requirement that the owner/developer schedule an informational meeting with residents in advance of applying for a building permit.*
3. *imposing of a development moratorium (including the halting of existing home demolitions) prior to code revision implementation*
4. *encouraging the signing of a (nonbinding) “Good Neighbor Pledge” by homeowners to not allow their home to be sold to developers for demolition*
5. *collaborating with other neighborhood associations in the drafting and presentation of a code reform proposal to the Mayor and City Commissioners to address infill-demolition concerns.*





# Take a bite out of mosquitoes!

by Barbara and Peter Linssen

Mosquitoes are a pain, and with the spread of West Nile virus into Oregon, they are also a health threat. Mosquitoes don't fly very far from where they are born. One Dutch study showed the females will fly up to 150 meters to find food (that's us!), but generally they stick pretty close to the place they are hatched. This is exciting news, because it means that if you and all your neighbors are vigilant about eliminating breeding places, you might be able to significantly reduce the numbers of pests around your home.

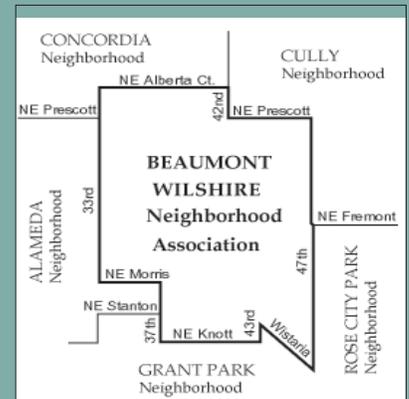
Mosquitoes only need an area of water as big as a quarter to lay eggs and hatch! Places to look are plant saucers and all the old nursery pots on the side of the house. (Nursery pots can be recycled in your blue bin by the way, no need to hold on to them.) Standing water in a gutter that's backed up is a great place for mosquitoes as well.

Mosquitoes only need a few days to go from egg to hatched, so if you have a bird bath, please commit to hosing it out fresh every couple of days. And speaking of hoses, a surprising place to find enough water for mosquitoes is in an unused hose. Hang the hose up if possible, let it drain, and try to get all the water out if you won't be using it for a while. Look for tiny puddles around children's play equipment, your stored canoe or boat, in a tarp on the woodpile, etc. Get the kids involved, tell them they are water detectives and you need their help to find any tiny bit of standing water around the house and garden.

If we all do this and encourage our neighbors to do the same, we will have a less itchy summer!

## Beaumont-Wilshire Neighborhood Association Area Served...

All residents, property owners, government agencies, business licensees, and non-profit organizations located within the boundaries of the Beaumont-Wilshire Neighborhood Association may consider themselves members of BWNA. Membership is free. Members are welcome to attend any BWNA business meeting.

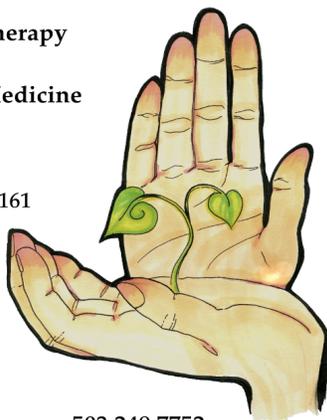


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